

**16th Annual Clinical Management of Heart Disease – Cardiology Update 2009**  
 Continuing Medical Education Program  
 Featuring Keynote Address by **Valentin Fuster, M.D., Ph.D.**,  
 Director, Mount Sinai Heart  
 Advances, current controversies and practical approaches to  
 the detection, management and treatment of cardiovascular  
 disease and other concomitant conditions

The Cardiovascular Institute  
 P.O. Box 54632  
 Philadelphia, PA 19148



PLEASE JOIN US AT THE  
**16th ANNUAL CLINICAL MANAGEMENT OF HEART DISEASE**  
**CARDIOLOGY UPDATE 2009**  
 Continuing Medical Education Program



ADVANCES, CURRENT CONTROVERSIES AND PRACTICAL APPROACHES TO THE DETECTION, MANAGEMENT AND TREATMENT OF CARDIOVASCULAR DISEASE AND OTHER CONCOMITANT CONDITIONS



Featuring Keynote Address by **Valentin Fuster, M.D., Ph.D.**,  
 Director, Mount Sinai Heart

**DATE** Sunday, October 25, 2009

**PLACE** Hyatt Regency Philadelphia at Penn's Landing  
 201 South Columbus Boulevard, Philadelphia

**TIME** 7:45am – 5:15pm

**COURSE CO-DIRECTORS** Veronica A. Covalesky, M.D.,  
 Dean G. Karalis, M.D.

ELECTRONIC BROCHURES ARE AVAILABLE ON LINE AT [WWW.CVIPHILADELPHIA.ORG](http://WWW.CVIPHILADELPHIA.ORG)

**A G E N D A**

7:45 – 8:00 am	<b>Introduction and Course Overview</b> – Veronica Covalesky, M.D. <b>Advances in the Treatment of Heart Disease</b>
8:00 – 9:00 am	<b>Keynote Presentation: Identification and Early Management of High Risk Plaques</b> – Valentin Fuster, M.D., Ph.D.
9:00 – 9:45 am	Advances in Lipid Lowering Therapy– Daniel Rader, M.D.
9:45 – 10:30 am	Therapies for Patients with Advanced Heart Failure – Howard Eisen, M.D.
10:30 – 11:00 am	<b>Break</b>
	<b>Current Controversies in the Prevention of Heart Disease</b>
11:00 – 11:30 am	Should all patients over 50 years of age receive statins? – Dean Karalis, M.D.
11:30 – 12:00 noon	Should new blood pressure targets be less than 120/80? – Ellie Kelepouris, M.D.
12:00 – 12:30 pm	Should all patients with metabolic syndrome be treated for diabetes and should all patients with diabetes be treated with insulin therapy? – Kevin Furlong, D.O.
	<b>Practical Approaches to Management of Heart Disease – Patient Case Discussions and Lunch</b>
12:30 – 1:30 pm	Lipid Management – Dean Karalis, M.D., Moderator Hypertension Management – Ellie Kelepouris, M.D., Moderator Diabetic Control – Kevin Furlong, D.O., Moderator
	<b>Update in the Management of Patients with Heart Disease and Concomitant Conditions</b>
1:30 – 2:00 pm	Antiplatelet Therapy to Manage Patients with Coronary Artery Disease – Daniel McCormick, D.O.
2:00 – 2:30 pm	The role of Cardiac CT Scanning in Prevention of Coronary Artery Disease – Ethan Halpern, M.D.
2:30 – 3:00 pm	Update in the Treatment of Atrial Fibrillation – George Yesenosky, M.D.
3:00 – 3:30 pm	Implantable Devices Used in Heart Rhythm Management – Remote Monitoring and Follow Up – Colin Movsovitz, MBChB
3:30 – 4:00 pm	Tools to Help Patients Stop Smoking – Frank Leone, M.D.
4:00 – 4:30 pm	Role of Omega-3 Fatty Acids in the Primary and Secondary Prevention of Coronary Artery Disease – Joyce Ross, CRNP
4:30 – 5:00 pm	Diagnosis and Management of Sleep Disorders and Potential Cardiovascular Complications – TBA
5:00 – 5:15 pm	<b>Review and Closing</b> – Veronica Covalesky, M.D.

REGISTRATION IS LIMITED TO THE FIRST 250  
16th Annual Clinical Management of Heart Disease – Cardiology Update 2009  
Sunday, October 25th at the Hyatt Regency Philadelphia at Penn's Landing

Conference Location/Room Reservation Information

Hyatt Regency Philadelphia at Penn's Landing - Grand Ballroom, 201 S. Columbus Blvd. Just South of Market Street. T. 215.928.1234. Self-paid onsite parking available - \$10 Self Parking; \$17 Valet. Group rates were not available at the Hyatt, please call for current rates. Group Discount Rooms are available at the nearby Comfort Inn on Columbus Blvd. (\$105 per night plus tax) Please call 215.627.7900 for reservations. **You must mention CVI to get this rate.**

Please print or type carefully for certificate and name tag

Name: \_\_\_\_\_ Gender:  M  F

Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email Address: \_\_\_\_\_

Affiliation Name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Physical Assistance Required?  Y Please advise by October 12

Special Dietary Needs:  Y Please advise by October 12

Physicians in Practice and Industry – \$125

All Other Healthcare Professionals and Students – \$65

Inquire about our limited scholarship program for residents, fellows and students. Call CVI at 215-389-2300 or email us at CVIPhiladelphia@aol.com.

Choose your topic for interactive lunch case discussions!

Please rate you 1st, 2nd and 3rd topic choice for patient case discussions. Space is limited, so if your choice is full, and alternate choices are not noted, we will assign you a topic.

Confirmation letters will be emailed or faxed prior to the program including your lunch topic assignment, so please be sure to include a fax or email on your registration form as we will not be sending confirmations via US Mail.

Practical Approaches to Management of Heart Disease – Patient Case Discussions and Lunch – (Please rank you choices 1 – 3)  
 Lipid Management  Hypertension  Diabetic Control

Your lunch topic sessions will be confirmed prior to the program.

PAYMENT INFORMATION

I wish to pay by credit card (MC/VISA/AMEX) – Additional \$5 processing fee per registration.

Name on Credit Card: \_\_\_\_\_

Type of Card: (please circle) MC Visa Amex Card Number: \_\_\_\_\_

Expiration: \_\_\_\_\_ Signature: \_\_\_\_\_

I wish to pay by check. Please make checks payable to CVI

All confirmation letters will be faxed or emailed – NO confirmations will be sent via US Mail.

Questions: Please call CVI at 215-389-2300 or email us at CVIPhiladelphia.org.

Mail to: CVI Clinical Management of Heart Disease • PO Box 54632 • Philadelphia, PA 19148

REGISTRATION FORM

WHO SHOULD ATTEND

- Physicians (Cardiologists, Primary Care, Family Practice, Internal Medicine) and all others caring for patients with coronary artery disease.
- Nurse Practitioners, Physician Assistants, Nurses and all other allied healthcare professionals involved in the care of patients with coronary artery disease.

WHY SHOULD YOU ATTEND?

Topics chosen for this seminar will focus on updates and new strategies in the prevention, management and treatment of patients with Coronary Artery Disease.

The program will feature a keynote presentation on high risk plaque by an internationally recognized luminary in the field of cardiovascular medicine.

We will address advances and current controversies in treating patients with lipid disorders, hypertension, diabetes, heart failure, atrial fibrillation, and sleep disorders. We will also discuss: strategies to utilize antiplatelet therapy to avoid recurrent heart attacks and strokes; the role of Cardiac CT Scanning in prevention of CAD, tools to help patients stop smoking; and remote monitoring capabilities of implantable devices.

GOALS AND OBJECTIVES

After attending CVI's 16th Annual Clinical Management of Heart Disease – Cardiology Update 2009, attendees will be better able to:

- Recognize new and existing therapies for the treatment and prevention of coronary artery disease
- Effectively utilize current therapeutic guidelines to treat patients with coronary artery disease
- Develop alternative strategies to comply with current guidelines for patients with adverse side effects to recommended therapies, and help them achieve target goals
- Discuss current controversies in the treatment and prevention of coronary artery disease
- Describe the use of home monitoring to effectively manage patients with heart failure, hypertension, sleep apnea and heart rhythm issues
- Help patients recognize the importance of complete compliance with recommended therapies

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Faculty Disclosure Statement

It is the policy of Drexel University College of Medicine to insure balance, independence, objectivity, and scientific rigor in all its sponsored educational programs. Speakers at continuing medical education activities are required to disclose to the audience their financial relationships with the manufacturer(s) of any commercial products, goods or services related to the subject matter of the program topic. Any conflicts of interest must be resolved prior to the presentation and announced to the audience. The intent of this disclosure is to allow participants to form their own judgments about the educational content of this activity and determine whether the speaker's commercial interests influenced the presentation. In addition, speakers are required to openly disclose any off-label, experimental, or investigational use of drugs or devices discussed in their presentation.

DREXEL UNIVERSITY COLLEGE OF MEDICINE

Veronica A. Covalesky, M.D., F.A.C.C. – Clinical Assistant Professor of Medicine  
Rose Covalesky, MS, PA-c – Clinical Adjunct Faculty  
Howard Eisen, M.D. - Thomas J. Vischer Professor of Medicine; Chief, Division of Cardiology  
Dean G. Karalis, M.D., F.A.C.C. – Clinical Professor of Medicine  
Ellie Kelepouris, M.D., F.A.H.A. – Professor, Department of Medicine & Chief, Division of Nephrology and Hypertension  
Daniel McCormick, D.O. – Clinical Assistant Professor of Medicine; Director of Cardiac Catheterization Laboratory  
Colin Movsowitz, MBChB, F.A.C.C. – Clinical Assistant Professor of Medicine  
George Yesenosky, M.D. – Clinical Assistant Professor of Medicine

GWYNEDD MERCY COLLEGE

Joyce Ross, MSN, CRNP – Adjunct Faculty

LANSDALE HOSPITAL – ABINGTON HEALTH

Joseph Kraynak, M.D. – Medical Director, Clinical Cardiologist  
Michael Zakrzewski, D.O. – Clinical Cardiologist

MOUNT SINAI MEDICAL CENTER

Valentin Fuster, M.D., Ph.D. – Richard Gorlin, M.D./Heart Research Foundation  
Professor of Cardiology; Director, Mount Sinai Heart

THOMAS JEFFERSON MEDICAL COLLEGE

Kevin Furlong, D.O. – Clinical Assistant Professor of Medicine  
Ethan Halpern, M.D. – Professor of Radiology, Vice Chairman for Radiology Research; Director, Cardiac CT

UNIVERSITY OF PENNSYLVANIA SCHOOL OF MEDICINE AND PRESBYTERIAN MEDICAL CENTER

Frank Leone, M.D., F.C.C.P. – Associate Professor of Medicine; Director, Penn Smoking Treatment Programs  
Daniel Rader, M.D. – Professor of Medicine; Director, Preventive Cardiovascular Medicine and Lipid Clinic

CONTINUING MEDICAL EDUCATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Drexel University College of Medicine and the Cardiovascular Institute of Philadelphia. The Drexel University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. **AMA:** The Drexel University College of Medicine designates this educational activity for a maximum of 8.75 **AMA PRA Category 1 Credit(s)**™. Physicians should only claim credit commensurate with the extent of their participation in the activity. **AOA:** This program is eligible for 8.75 credits in Category 2A of the American Osteopathic Association.

**AACN:** "This program has been approved by the American Association of Critical Care Nurses (AACN) for 8.5 Contact Hours, CERP Category A, File number 00015595."

COURSE REGISTRATION AND CANCELLATION POLICY

Requests in writing for refunds, less \$25 administrative fee, will be honored up until October 12, 2009 and processed after the meeting. Registrations are transferable with prior notification to CVI by October 12th.

ACKNOWLEDGEMENTS

All support in the form of educational grants will be acknowledged in the course syllabus and at the course

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