

# registration

## CVI'S 3RD ANNUAL CONFERENCE FOR COMMUNITY HEALTH PROFESSIONALS

SHEET METAL WORKERS' UNION LOCAL 19  
1301 SOUTH COLUMBUS BLVD, PHILADELPHIA  
WEDNESDAY, OCTOBER 7, 2009 • 8:00AM - 4:00PM

Please – This form must be neatly printed and completely filled out for certificate and nametag.

Name: \_\_\_\_\_ Gender: M \_\_\_\_\_ F \_\_\_\_\_

Degree: \_\_\_\_\_ Position: \_\_\_\_\_

Membership Type & Number (for CEU's) \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Organization: \_\_\_\_\_ Special Dietary Needs? \_\_\_\_\_

Breakfast & Lunch Included. Free On-Site Parking.

Early Registration, Until August 15 – \$35.00

Registration Fee – \$45.00

Payment Method: Checks or Visa/Mastercard/AmEx (Add \$4.00 service fee for Credit Cards)

Card # \_\_\_\_\_ Exp \_\_\_\_\_

Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_

Please make checks payable to:

**Cardiovascular Institute of Philadelphia**

P.O. Box 54632, Philadelphia, PA 19148

Phone: 215-389-2300 Fax: 215-389-5450

Please email this form to: CVI.ShannonJones@verizon.net or fax 215-389-5450

You **MUST** register by October 2 to guarantee your seat.

Cardiovascular Institute of Philadelphia  
P.O. Box 54632  
Philadelphia, PA 19148



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Now Offering  
ACT 48 Credits



**Rethinking Childhood Obesity:**  
Environmental & Psychosocial Effects,  
Familial Implications & Changing Policy

**PHILADELPHIA, PA • OCTOBER 7, 2009**

## COURSE OVERVIEW

CVI's "Rethinking Childhood Obesity" conference is a continuing education course for community health professionals and educators which will highlight the environmental and psychosocial effects of childhood obesity while discussing the implications for the obese child's family. Afternoon sessions will address public policy related to childhood obesity, and how attendees can become advocates for change in many environments.

## INTENDED AUDIENCE

Health Educators, Nurses, Dietitians, Social Workers, Nutritionists, Teachers, School Personnel, and others working with the fields of public health and medicine.

## ACCREDITATION

Applications for accreditation have been submitted through the following agencies:

- National Commission for Health Education Credentialing, Inc. — CHES Level 1 6.0 Contact Hours
- American Dietetic Association — 6.0 Hours
- PA State Nurses Association — 6.0 Hours
- PA State Board of Social Workers, Marriage and Family Therapists and Professional Counselors — 6.0 Hours
- PA Department of Education, ACT 48 Credits — 7.5 Hours

After attending the program, participants will be better able to:

- Describe the scope of childhood obesity and related disorders
- Be aware of factors that contribute to an 'obesogenic environment'
- Identify population-based strategies for preventing childhood obesity
- Recognize the complexity of obesity as a disease
- Explain the psychosocial impact of childhood obesity on children, adolescents, and their families
- Recognize the importance of using family based treatment for obesity
- Identify familial aspects that contribute to childhood obesity and what consequences childhood obesity has for families
- Describe changes families can make to help children lose weight
- Select strategies and resources that are appropriate for various patient populations
- List current national policies to address childhood obesity
- Identify local and state policies to address childhood obesity
- Describe the steps for advocating for policy change at the local level

# overview

We worry about what a child will become tomorrow,  
yet we forget that he is someone today.

~Stacia Tauscher



## CVI'S "RETHINKING CHILDHOOD OBESITY" CONFERENCE

OCTOBER 7, 2009

### PROGRAM AGENDA

7:30 – 8:25	Breakfast & Registration
8:25 – 8:30	Welcome
8:30 – 9:00	<b>Childhood Obesity: Common Causes and Trends</b> <i>Elizabeth B. Rappaport, MD</i>
9:05 – 10:00	<b>Psychosocial Effects of Childhood Obesity: The impact of obesity on children and their families</b> <i>Meredith Lutz Stehl, Ph. D.</i>
10:05 – 10:20	Break
10:20 – 10:50	<b>Resource Round Table Session: Community Programs that Work</b>
10:50 – 11:50	<b>Childhood Obesity and Families: Challenges and Opportunities</b> <i>Douglas Latta Hill, Ph. D.</i>
11:50 – 12:25	Healthy Lunch
12:25 – 1:25	<b>Popping the Pressure to Eat: Efforts to Improve the Nutrition Environment</b> <i>Alexandra Lewin, Ph. D.</i>
1:25 – 2:30	<b>Playing Our Part: How to Advocate for Policies to Prevent Childhood Obesity</b> <i>Alexandra Lewin, Ph. D.</i>
2:30 – 2:45	Break
2:45 – 3:15	<b>Program Spotlight: 5-2-1 Almost None</b> <i>Milton Delgado, Nemours Health and Prevention Services</i>
3:15 – 3:50	<b>Obesity Case Study: Perspectives on Treatment</b> <i>Jeanine L. Stuart, Ph. D., Moderator</i>
3:50 – 4:00	Closing Remarks
4:00	Fitness Raffle – Win a Wii Fit!

A child seldom needs a good talking to as a  
good listening to. ~Robert Brault

# agenda



## FACULTY

**Douglas Latta Hill, Ph.D.**

*Psychologist*

The Children's Hospital of Philadelphia

**Alexandra Lewin, Ph.D.**

*Nutrition Policy Fellow*

Center for Science in the Public Interest

**Elizabeth B. Rappaport, MD**

*Associate Professor, Department of Family and Community Medicine*

Thomas Jefferson University

**Meredith Lutz Stehl, Ph.D.**

*Staff Psychologist, Division of General Pediatrics and Behavioral Health*

Alfred I. duPont Hospital for Children

## COMMITTEE CO-CHAIRPERSONS

**Matt Dane Baker, PA-C, DHSc**

*Professor and Dean, School of Science and Health*

Philadelphia University

**Neva White, MSN, CRNP, CDE**

*Regional Director of Community Health*

Thomas Jefferson University Hospital

## COURSE REGISTRATION CANCELLATION POLICY

Requests in writing for cancellation and refund less a \$15 administrative fee will be honored up to September 23, 2009 and processed after the program. Registrations are transferable with prior notification to the CVI.

If you have special needs that we can address to  
make your participation in our program more  
meaningful and enjoyable, please contact our  
office at: 215-389-2300.



# faculty

There is a garden in every childhood, an enchanted place where colors are  
brighter, the air softer, and the morning more fragrant than ever again.

~Elizabeth Lawrence